

# Personal GROWTH Plan - Discippler's Notes



Use this sheet to record important background on a disciple's GROWTH Plan. This information is to be kept confidential with permission from the person to whom the information pertains. Ensure review dates are in place and that any nominated persons are contacted prior to review.

Name: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Plan No: \_\_\_\_\_  
 Plan Start Date: \_\_\_\_\_  
 Plan Review Date(s): \_\_\_\_\_

**Your notes on GROWTH Needs and Causes:**

As you prayerfully examine the inventory of this person, you may see common threads of dysfunction that effect multiple areas of the disciple's life. If they pertain to areas identified for GROWTH, note them down, and if possible categorise them in accordance with the SUW-ED framework: Roots - Sin; Ungodly Beliefs; Wounds. Weeds - Entanglements; Demonic.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Roots:**

Sin: \_\_\_\_\_  
 Ungodly beliefs: \_\_\_\_\_  
 Wounds: \_\_\_\_\_

**Weeds:**

Entanglements: \_\_\_\_\_  
 Demonic: \_\_\_\_\_

Areas of GROWTH for this plan:	Accountability person(s):	Contact Details:
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Potential GROWTH elements for this plan:**

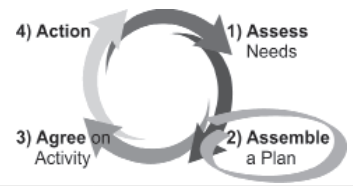
<b>G</b> <sup>RACE</sup>
<b>R</b> <sup>ELATIONSHIPS</sup>
<b>O</b> <sup>WNSERSHIP</sup>
<b>W</b> <sup>ISDOM</sup>
<b>T</b> <sup>IME</sup>
<b>H</b> <sup>EALTH</sup>

Notes: \_\_\_\_\_  
 \_\_\_\_\_

Disciple's authorisation: I have seen the above information and authorise \_\_\_\_\_ (Discippler) to view it and keep it in their records. \_\_\_\_\_ (Disciple's signature)

# GROWTH PLAN PROCESS SUMMARY

Utilise the following chart as a guide to the process of implementing a GROWTH Plan. Next to each activity is a list of Daily Readings from this course which relate to that part of the process, as well as any Appendices that can be used.



ASSESS		
<b>Initial Interview</b>	Outline process and expectations of a GROWTH Plan [Ref: 4.5]	Discipler/Disciple
<b>Complete Inventory &amp; Review</b>	Utilise GROWTH Inventory & Planner; and Appendix 3 [Ref: 3.4]	Disciple
<b>Nominate Area of GROWTH</b>	Utilise GROWTH Inventory & Planner; GROWTH Plan Q1-4 as required	Disciple
<b>Assess Results</b>	Reflect on: Spiritual DNA; Fruit of the Spirit; Warning Signs; Where Do I Want to Grow [Ref: 3.5]	Discipler
	Consider strategy for addressing GROWTH blockages: <b>Roots:</b> Sin; Ungodly Beliefs; Wounds <b>Weeds:</b> Entanglements; Demonic Utilise Appendix 4, 5 [Ref: 2.3, 4.1-4.5]	Discipler
<b>Compile Potential Activities</b>	Utilise Appendix 5, [Ref: 4.1-4.5]	Discipler
ASSEMBLE		
<b>Compile a Preferred Future</b>	[Ref: 4.1]	Discipler/Disciple
<b>Compile GROWTH Activities</b>	[Ref: 4.1-4.5], Utilise Appendix 5	Discipler
AGREE		
<b>Confirm GROWTH Activities</b>	[Ref: 4.5]	Discipler/Disciple
<b>Identify Accountability</b>	[Ref: 4.5]	Discipler/Disciple
<b>Determine Review Process</b>	[Ref: 4.5]	Discipler/Disciple
ACTION		
<b>Do Kingdom Business as reqd.</b>	[Ref: 2.3-2.5]	Discipler/Disciple
<b>Contact and Review as Agreed</b>	[Ref: 4.4-4.5]	Discipler/Disciple